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Living in a Pandemic: What was it like?

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In 2019, an infectious, airborne disease was discovered in Wuhan, China and has since spread to several other countries, declaring it as a worldwide pandemic. This has changed a lot of lives in the United States (and other countries) as strict rules have been set forth to prevent the spread of COVID-19. An extreme change which took place was the requirement of self-quarantine, meaning people are required to stay indoors and avoid contact with people other than your immediate family. Other restrictions were put forth, like remote-learning in schools and social distancing in public places when possible.

What was this like?

In the heat of COVID-19, most schools in the area closed down to prevent the spread (with the exception of a few schools, which eventually closed later). Lots of widespread panic occurred and school was (at the time) closed for 2 weeks (one week for break, another week from COVID-19). Nobody knew at the time, but nobody would go back to school for the rest of the year. Eventually, it was announced that school was closed for the rest of the year, and all in-school activities have been cancelled. All school is done remotely online via google classroom and other tools available online, and video calling is a popular way to discuss face to face.

What's quarantine like?

Self quarantine during COVID-19 was/still is a very emotionally draining task because your schedule is vastly different from what it once was. Because of this, online sites frequently shut down from too much traffic as so many people are now online from being stuck inside all day. While this sounds like heaven, this is very rough on many people's mental health as they no longer have access to materials needed to get by on a daily basis.

At the time, only the head of the family is allowed to leave the house and are required to wear a mask, as well as stay 6 feet away from other individuals other than family members.